



## Quarterly Newsletter

District 5340 - Sponsored by San Diego Rotary Club 33 and Mission Valley Sunset Rotary

### A Message from our President ...



I am excited and honored to serve as the new president of City Heights Rotaract. As a chartering member, I have seen the club grow tremendously since 2015 and it is now my responsibility to keep our club active and growing. I want to start off by thanking our members for returning this year because it is their dedication that makes our club successful. I am lucky to be in a club where members consider City Heights their home and each other a family.

The goals for this year are to increase and retain membership, to provide more diverse service opportunities for our members, and to continue to do more fellowship events with other Rotaract clubs in our district. This year's theme for our club is "Making a Difference in City Heights" going off of Rotary's theme of "Rotary: Making a Difference." We have kicked off the Rotaract year strong with several City Heights community clean ups. As

members of the community, our goal is to give back to City Heights and continue to do work that will last. We started by also making a small difference in the State of Texas. Due to the recent hurricane in Houston, Texas, our club decided that we could lend a hand. At our September meeting we raised \$350 in member donations and our club matched the amount for a total of \$700! The funds were sent to the Rotary Club of Corpus Christi and will be used for Hurricane Harvey relief. This was definitely our members putting 'Service Above Self'.

We are excited to participate once again this year and learn from other Rotaractors and Rotarians at the Big West Rotaract Conference in October. So far we have about half our club attending! Go City Heights!

Lastly, I want to thank San Diego Rotary Club 33, Mission Valley Sunset Rotary Club, and the Price Philanthropies Foundation for their continued support of our club. We could not do what we do without you!

*Lizbeth Pastenes, 2017-18 President*

## July

We started the new Rotaract year by celebrating the 2nd anniversary of our City Heights Rotaract's chartering. New and returning members welcomed the year full of excitement, energy and passion for the City Heights community!



### July Birthdays

(above left) Great turnout for the first meeting of the Rotaract year.



**Brenda Talamantes**  
July 6th



**Cindy Sphabmixay**  
July 25th

*City Heights Rotaract's mission is "to provide an opportunity for us to enhance the knowledge and skills that will assist us in personal development, to address the physical and social needs of our community, and to promote better relations between all people worldwide through a framework of friendship and service."*



(above) Members attended one of San Diego Rotary Club 33's meeting and had the opportunity to meet 2017-18 President, Bob Russell.



President Lizbeth Pastenes (above) announcing the theme of the year: "Making a Difference in City Heights!"



(below) City Heights Rotaract kicked off "Service Above Self" with a community clean up where they were joined by several members of the community. Together they were able to pick up over 50 pounds of trash. Great job, Rotaractors!



President Lizbeth Pastenes and Immediate Past President, Sesy Enriquez (below), had the opportunity to share about our club's accomplishments during the past Rotaract year and present the new goals for "Making a Difference in City Heights" for the 2017-18 year!



Our Secretary, Jocelyn Solis, and Director of International Service, Elena Magaña, (left) exchanging banners from our sponsoring clubs with the Rotary Club of Mallorca in Mallorca, Spain.



# August Birthdays

# August



**Elena Magaña**  
August 3rd



**Kelvin Prom**  
August 13th



**Giovanni Aparicio**  
August 15th



**Clarence House**  
August 26th



**Sonya Vargas**  
August 27th



## Rotaractor of the Month - Belgica Crespo, Member

Belgica was selected for hosting two Rotaractors from Germany in her home and taking the time to show them around San Diego. She also started off the Rotaract year as a committed member by attending our monthly business meeting and service event in July.

(below) Our club welcomed 5 new members this month! Members had the opportunity to have a professional headshot taken. Special thanks to our Director of Service, Rudy Vargas, for taking the time to photograph everyone!



(above) Rotaractors helping Mission Valley Sunset Rotary put together care packages for students at the Monarch School.



(below) Members participating at Hoover High School's Beautification with the Hoover Alumni Association.



(above) City Heights Rotaract's Annual End of the Summer bonfire was a great success. Members ate delicious food, listened to music, and enjoyed the warm fire by making smores!



# September

## September Birthdays



**Bryan Liang**  
September 6th



### Rotaractor of the Month - Rudy Vargas, Director of Service

Rudy was selected due to his continuous efforts in taking care of our plot in the community garden where he is growing organic tomatoes for members to enjoy. He is constantly finding ways to present and create new service opportunities for our members!

Our Secretary, Jocelyn Solis, and Director of International Service, Elena Magaña, (below) presented to Mission Valley Sunset Rotary about their experience in Mallorca, Spain. Thank you to Mission Valley Sunset for sponsoring them!



(above) Rotaractors at our Happy Hour fellowship event at Blind Lady Ale House where we were joined by Rotaract District 5340 Representative, Erika Rodriguez.



(left) City Heights Rotaract had a great turnout for the annual "I Love a Clean San Diego - Coastal Clean Up Day." Members spread out and helped with various projects within the canyon.



(above) CH Rotaractors worked together with Cardinals Interact Program members and other organizations to make a huge impact in Swan Canyon!

Our Director of Service, Rudy Vargas, (left) dropping off school supplies to the Karen Organization of San Diego in City Heights!



If you would like to join us at our monthly meetings, take part in our events or would like more information about our club, please email us at [chrotaractclub@gmail.com](mailto:chrotaractclub@gmail.com). Like us on Facebook to keep up with City Heights Rotaract Club!